


METROPLEX GYMNASTICS

Gymnastics, Tumbling & Ninja Schedule

revised September 21st 2021

Class Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
9:30	Red Tiny Tots Gym	Red Tiny Tots Gym	Red Tiny Tots Gym	Red Tiny Tots Gym		9:00	Green Preschool Gym	
	Green Preschool Gym	Green Preschool Gym	Green Preschool Gym	Green Preschool Gym			Yellow Preschool Gym	
	Yellow Preschool Gym	Yellow Preschool Gym	Yellow Preschool Gym	Yellow Preschool Gym			BRONZE GYM	
10:30	Red Tiny Tots Gym	Red Tiny Tots Gym	Red Tiny Tots Gym	Red Tiny Tots		10:00	Red Tiny Tots	
	Green Preschool Gym	Green Preschool Gym	Green Preschool Gym	Green Preschool Gym			Green Preschool Gym	Yellow Preschool Gym
	Yellow Preschool Gym	Yellow Preschool Gym	Yellow Preschool Gym	Yellow Preschool Gym				BRONZE GYM
2:00	HOEMSCHOOL OPEN GYM 2:00pm - 3:30pm <small>FREE FOR ACTIVE STUDENTS</small>		HOME SCHOOL CO ED GYM & NINJA 3-5 YRS CO ED GYM & NINJA 6 YRS + <small>COACH: MINDY & BRAD</small>			11:00	Red Tiny Tots	
					Green Preschool Gym		Yellow Preschool Gym	
							SILVER GYM	JR.Ninja Gym
3:45	BRONZE GYM	BRONZE GYM	BRONZE GYM	BRONZE GYM	BRONZE GYM			
	BRONZE GYM	GOLD GYM	BRONZE GYM	SILVER GYM	Back Handspring			
	SILVER GYM	Back Handspring	SILVER GYM	Beginner Tumbling	JR.Ninja Gym			
	SILVER GYM	JR.Ninja Gym	Back Handspring	JR.Ninja Gym				
	Beginner Tumbling		JR.Ninja Gym					
	JR.Ninja Gym		JR.Ninja Gym					
4:00	Red Tiny Tots	Green Preschool Gym	Green Preschool Gym	Red Tiny Tots		PRESCHOOL GYMNASTICS	Red TINY TOTS.....CO-ED 12 months - 35 months	
	Green Preschool Gym	Yellow Preschool Gym	Yellow Preschool Gym	Green Preschool Gym			Green Preschool GymCO-ED 3 - 4 YRS	
	Yellow Preschool Gym						Yellow Preschool GymCO ED 4 - 5 YRS	
4:45	BRONZE GYM	BRONZE GYM	BRONZE GYM	BRONZE GYM	BRONZE GYM	SCHOOL AGE GYMNASTICS		
	BRONZE GYM	BRONZE GYM	SILVER GYM	BRONZE GYM	Back Handspring		JR.Ninja Gym	
	SILVER GYM	SILVER GYM	GOLD GYM	SILVER GYM	JR.Ninja Gym			
	Beginner Tumbling	Beginner Tumbling	Beginner Tumbling	Kinder Ninja Gym				
	KINDER .Ninja Gym	Back Handspring	Back Handspring	JR.Ninja Gym				
	KINDER .Ninja Gym		JR.Ninja Gym				BRONZE Gymnastic..... CO-ED 6 - 12 YRS	
5:00	Red Tiny Tots	Green Preschool Gym	Green Preschool Gym	Red Tiny Tots		TUMBLING	BEGINNER TUMBLING.....CO-ED 6 - 10 YRS	
	Green Preschool Gym	Yellow Preschool Gym	Yellow Preschool Gym	Green Preschool Gym			BACK HANDSPRING.....CO-ED 6 YRS & UP	
	Yellow Preschool Gym			Yellow Preschool Gym			OPEN TUMBLING & CHEER POWER HOUR CO-ED 10 YRS & OLDER	
5:45	BRONZE GYM	BRONZE GYM	BRONZE GYM	BRONZE GYM		NINJA GYM		
	SILVER GYM	BRONZE GYM	SILVER GYM	SILVER GYM			KINDER NINJA.....CO-ED 4 - 6 YRS	
	Beginner Tumbling	SILVER GYM	Back Handspring	GOLD GYM			JR NINJA.....CO-ED 6 - 10 YRS	
	Back Handspring	Back Handspring	JR.Ninja Gym	Back Handspring			SR NINJA..... CO-ED 9 YRS & UP	
	Kinder Ninja Gym							
6:00	Green Preschool Gym	Red Tiny Tots	Red Tiny Tots	Red Tiny Tots		MONTHLY TUITION		
	Yellow Preschool Gym	Green Preschool Gym	Green Preschool Gym	Green Preschool Gym			PRESCHOOL GYMNASTICS (50 MINUTES)	
		Yellow Preschool Gym	Yellow Preschool Gym	Yellow Preschool Gym			RED TINY TOTS----- \$50 PER MONTH GREEN & YELLOW---\$77 PER MONTH	
6:45	BRONZE GYM	BRONZE GYM	BRONZE GYM	SILVER GYM		SCHOOL AGE GYMNASTICS (1 HOUR)	SCHOOL AGE GYMNASTICS (1 HOUR)	
	SILVER GYM	SILVER GYM	SILVER GYM	Beginner Tumbling			BRONZE, SILVER & GOLD GYMNASTICS---\$87 PER MONTH	
	GOLD GYM	Beginner Tumbling	Back Handspring	Back Handspring			NINJA GYM (1 HOUR)	
	SR .Ninja Gym	Back Handspring	SR .Ninja Gym				NINJA GYM CLASSES ---- \$87 PER MONTH	
							TUMBLING CLASSES (1 HOUR)	
7:45	OPEN TUMBLING & CHEER POWER HOUR *** GREAT PRICE*** ***BEST DEAL IN TOWN*** Monday - Thursday Come as often as you like for just \$87 per month					HOME SCHOOL CLASSES	BEGINNER TUMBLING---\$87 PER MONTH BACK HANDSPRING---\$87 PER MONTH CHEER TUMBLING POWER HOUR ----\$87 PER MONTH	
							HOME SCHOOL CLASSES	
							ALL HOME SCHOOL ---- \$67 PER MONTH	